



IMPROVING THE MECHANISMS OF ORGANIZING LESSONS

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ABSTRACT

This graduation work is about physical education lessons in high sport school is to teach students about the physical attributes to the introduction of innovative technologies aimed at the development of modern methods of teaching movement, the general classification of the essence, the concept of vision. Physical education theory and methodology of noise that can be used in educational technology in teaching students how to study the concept. Final work of students in the physical qualities of positive effects on the body.

KEYWORDS

Competitions, exercise standards, load, quality, general developmental, cyclic, acyclic, practical, oral, demonstrative, methods.

INTRODUCTION

It is a generalization of mental and spiritual-ethical characteristics, therefore, it will be possible to continue the activity of a cocktail on the ground, live a long life and implement all plans. Health is a great blessing given to man and society. Only when a person is healthy can he overcome all the dangers in life and achieve great achievements. A healthy lifestyle is expressed by how a person lives his life. In particular, it is based on his daily routine, compliance with the diet

and communication with people. In this sense, for the students of general education institutions, it is very important to organize the daily schedule in accordance with their age (reading, writing, thinking, solving problems, listening to and preparing lessons, playing sports), that is, the correct distribution of mental and physical labor activities due to the procedure, students' anxiety is prevented, it has a positive effect on their growth and development, as well as the



strengthening of their immunity and the opportunity to fully study all the subjects planned in the study programs of all subjects.

Today, a number of decisions and decrees of the President serve to implement effective work aimed at modernizing educational institutions, providing them with modern learning and laboratory equipment, bringing the learning process to a new level in terms of quality, and introducing advanced pedagogical technologies and forms of learning. It is important to raise the quality of students to a new level, to constantly improve the professional level and qualifications of students, to fundamentally improve the quality of training educated students based on the introduction of an improved system of training them in accordance with modern requirements in the future, it will certainly serve to increase the quality and efficiency of education, to train educated students. These documents emphasize the need to improve the form and content of education development in the schools of our republic. The implementation of the tasks defined in them serves to bring up a complete person, a perfect person, thus to form a free person with a new way of thinking, to educate people who understand the value of our country's personnel and have a clear purpose in life.

Therefore, the pedagogical experiences clearly show that it is impossible to achieve such a goal without modern organization, design and modeling of the learning process. Because only a person formed as a result of the learning process focused on design and modeling can make a worthy contribution to preparing the ground for the state and the future of the country. In this regard, most of the teachers of general education schools have a number of shortcomings in their professional training, including the lack of modern knowledge, skills and qualifications, the fact that they are the sole ruler in the learning process, the

relationship between the teacher and the students is based on forced obedience, and the activity of getting to know the students is aimed at improving knowledge and skills at the reproductive level. It is becoming urgent to eliminate problems such as their activity not being directed to independent thinking.

In order to organize the study process in accordance with the purpose and to eliminate the above-mentioned shortcomings of students:

- development of mutual positive relations between listeners and listeners;
- to achieve the effectiveness of learning through the appropriate use of modern pedagogical and information technologies in learning;
- formation of independent activity of students;
- it is necessary to develop and put into practice the scientific-methodical foundations of the individual-innovative approach in teaching taking into account their interest, enthusiasm and abilities. The effective implementation of these tasks depends on the professional and pedagogical skills of the teacher. , capable of fulfilling ambitious tasks, creative and social activity, and having the ability to independently find a solution in the socio-political life should work. low scientific and methodical training of the listener; lack of creative and social activity in them; In the process of learning, there are problems such as not being able to use modern pedagogical and information technologies. The main problem is to improve the design and modeling mechanisms of this process, taking into account the main directions and principles and requirements of the organization of the learning process, to determine the methodical basis of using pedagogical technologies, and to improve the content, methods, tools and forms of this process, and to put it into practice. It consists in cultivating modern,



independent, enterprising, entrepreneurial, creative young people.

Many scientific and methodological studies of theoretical and practical importance have been carried out by the leading scientists of our republic to improve the education system, improve the quality of lessons, enrich their content, and use modern technologies and cooperation; to create an opportunity for students to show their individual abilities; to the creation of a new generation of educational programs and textbooks; to ensure that learning materials are aimed at students' independent thinking, creative activity, and the formation of designing and modeling skills in them; every student should be allowed to choose the way of individual education.

It is known that the actual education process has acquired a monotonous appearance and is a process aimed at providing education to students in a reproductive and frontal way and partly on the basis of this knowledge, forming skills and competencies. It should be organized in such a way as to acquire knowledge, study, test the acquired knowledge in practice, design, model, and conduct experiments based on the requirements of the output. As a result of the study of foreign advanced experience in this field, the idea of integration of educational sciences appeared.

Currently, the use of problem-based learning in educational institutions is recognized as one of the effective ways of modern pedagogical technologies. Because problem-based learning arouses interest in students in forming and developing creative activity, enthusiasm, independent search for information, activates their thinking, allows them to see problems independently, formulate them, find solutions and teaches to solve.

The results of the study and analysis of the implemented works showed that the problem of improving the mechanisms of designing and modeling the learning process has not been addressed in the educational system.

- to increase the efficiency based on the requirements set for the learning process and to improve the organization, design and modeling mechanisms of this process;
- development of recommendations that allow to improve the mechanisms of designing and modeling the learning process;
- scientific-methodical justification of ways to achieve efficiency by improving the mechanisms of designing and modeling the learning process, creating pedagogical conditions, developing its content, tools, methods and forms as a methodical system and implementing it;
- to determine the reasons for the achievements and shortcomings in the improvement of the learning process design and modeling mechanisms, to determine the tasks at the current stage and in the future.

Of course, the implementation of such tasks in the future requires the development of the content and methodical system of modern organization, design and modeling mechanisms of the learning process, as well as the scientific-methodical justification of the ways to achieve efficiency in this regard, the theoretical-methodical foundations of the improvement of this process in schools, as well as the scientific use of pedagogical and information technologies. - will serve to improve the methodological foundations. At the same time, the ways of improving the mechanisms of designing and modeling the learning process will be shown, which will allow improving learning programs and textbooks in the future. As a result of the work



carried out in this regard, the identified scientific approaches, enrichment of the pedagogic theory course from the developed recommendations, improvement of study plans, creation of a new generation of programs and textbooks, identification of opportunities for individualization of the student's activity, revision of the study process, enrichment of the student's professional skills, pedagogical knowledge, can be used in training and skill development. Identifying the components of the learning process, the factors that affect them, improving the scientific and methodological basis of using pedagogical and information technologies in the learning process and putting them into practice, organizing this process in accordance with the requirements of the time, the content and methodical system of improving the design and modeling mechanisms will definitely be in the future general education system allows to increase the quality and efficiency of the study process.

Today, it is considered urgent to implement the following tasks in order to improve the mechanisms of designing and modeling the sleep process:

- analysis of the current state of modern organization, design and improvement of modeling mechanisms of the educational process;
- improvement of the structural parts of the study process, development and introduction of effective forms and methods of its organization;
- improvement of design and modeling mechanisms and organization of learning process using modern pedagogical and information technologies;
- improvement of didactic and information provision of the educational process;
- to fundamentally improve the skills of teachers and increase their professional influence, as well as to

create an environment based on competition in their activities, etc.

In order to effectively implement the above-mentioned tasks, first of all, it is necessary to improve the principles and conditions of education, which are the scientific-theoretical basis of organizing the learning process in all subjects in the general education system, and for this, it is necessary to analyze the main directions of the state policy in the field of education of our republic. In this regard, the success of reforms in the field of education depends on how well the planning and modeling mechanisms used in the organization of the learning process in schools correspond to the main principles of the state policy in the field of education and the principles of the continuous education system and how well they are mobilized to put them into practice.

It is known that the actual learning process has acquired a monotonous appearance and is a process focused on providing knowledge to learners in a reproductive and frontal way and partly on the basis of this knowledge, forming skills and competencies. In fact, this process should be organized in such a way as to gain knowledge, study, test the acquired knowledge in practice, design, model, transfer experiments, based on their freedom, opportunity, desire, state, science and production requirements.

Currently, the use of problem-based teaching in educational institutions is recognized as one of the effective ways of modern pedagogical technologies. Because problem-based teaching helps students to form and develop creative activity, desire, to independently search for information, activates their thinking, to independently solve problems, to formulate them, to find solutions and teaches to solve. The results of the study and analysis of the implemented works showed that the problem of



improving the mechanisms of designing and modeling the learning process has not been addressed in the educational system.

Pedagogical technology-based trainings satisfy young people's desire to express their relationship to important life achievements and problems, and provide them with an opportunity to think and base their views. In the current innovative processes, it is possible for them to evaluate new information in order to solve the problems facing the educational system. We need independent and free-thinking people who can make the necessary decisions. Therefore, the value and importance of modern learning methods, i.e. interactive methods, innovative technologies in the educational process of educational institutions is incomparable. Pedagogical technology and the knowledge and experience of their use in science provide students with knowledge and mature skills. Innovative pedagogical technologies mean the introduction of innovations and changes to the educational system, pedagogical process, and the activity of the listener and listener, and interactive methods are mainly used in the implementation of this process.

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