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#### FAMILY – A SACRED UNION

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#### **ABSTRACT**

The family is the first, natural and at the same time sacred union, in which a person enters into the power of necessity. He was called to build this union on the basis of love, faith and freedom; to study in it the first conscientious movements of the heart; and the next forms of human spiritual unity rise from it - the Motherland and the state. The article talks about the fact that the family belongs to the most important social values, that it is a responsibility to love and honor this sacred place.

#### **KEYWORDS**

Family values, sacred bond, marriage and unity, parental responsibility, interpersonal relationships, love and respect, generational connection, family traditions, moral upbringing, emotional support, cultural heritage, social stability, mutual understanding, spiritual connection, family well-being.

#### **INTRODUCTION**

Family is the great policy of all humankind. More precisely, it is state policy. After all, the continuity and survival of humanity begin with the family! The most fundamental and sacred duty of the family, from the perspective of spirituality, is to ensure the continuation of the human lineage with healthy, mature, and talented generations. This is an honorable and

responsible mission for all nations, all states, and all peoples.

A family is initially formed by two individuals. Just as transparent streams merge to form lively rivers, in Uzbek culture, large families are a common tradition. It is difficult to find an Uzbek who does not dream of growing old together with their spouse, having many

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children, and seeing their home filled with joy when their children gather together.

A family is an organized social group whose members are connected by marriage or kinship relations (as well as through the upbringing of children), a shared life, mutual moral responsibility, and social necessity. It arises from the physical and spiritual needs of society and plays a crucial role in the reproduction of moral values. Family is one of the most important social values. Regardless of an individual's social status, nationality, property, or financial situation, every person, from birth to the end of life, possesses the characteristic of family belonging.

For a child, the family is the primary environment where their physical, intellectual, emotional, and mental development takes place. For an adult, the family serves as a source that fulfills various needs while simultaneously imposing different and complex demands. Throughout a person's life cycle, their roles and position within the family evolve.

In the East, the family has long been regarded as a sacred stronghold. The deep-rooted and expansive nature of Uzbek families has always evoked admiration and respect among other nations. In an Uzbek family, women—mothers—are the guardians stronghold, the esteemed figures who uphold the sanctity of the family. The Holy Quran and hadiths contain numerous exemplary teachings about the veneration of women and mothers, all of which stem from the significant role of women within the family.

For a newborn child, the family is the first school of upbringing, and the mother is the esteemed figure who creates its moral and ethical atmosphere. Our grandmothers have fulfilled this sacred duty with great sincerity for generations. Remembering, reviving, and developing their invaluable teachings is one of the most pressing tasks of today.

Regardless of the field, all national development programs consistently emphasize spiritual values tied

to the essence, delicate soul, and honor of a nation. This is no coincidence. The family is an invaluable, timeless spiritual treasure created by humanity. Whether a person's heart is filled with faith and kindness or cruelty and wickedness—it all begins in the family.

Our ancestors fulfilled this sacred mission in the simplest way—by instilling good manners, such as respect for elders, care for the young, patience, and living harmoniously. They reinforced these virtues over time, ensuring that each family member internalized them. As a result, our nation has raised great individuals.

Earlier, we mentioned that the family is not just the policy of a single country but the great policy of all humankind, and more precisely, state policy. This is why, among the countless books and literature published worldwide, there are extensive works ranging from individual articles to encyclopedias dedicated to family, family relations, and the role of family in society. Government resolutions, regulations, and legal codes on family matters can be found across many nations.

Because the family is considered a sacred and great blessing, many wise thinkers have equated the establishment of a family with the foundation of a country. The stability and happiness of families are viewed as reflections of the country's prosperity and reputation. The emphasis that developed nations place on strengthening family institutions and enhancing their significance is not without reason.

In our society, traditional guidelines are followed when forming families. These traditions, which have enriched our spirituality and strengthened our family structures for centuries, continue to play a crucial role due to their humanitarian and enduring nature.

A good family nurtures well-mannered, pious, and exemplary individuals. Every growing person must have a clear understanding of family values, guidance,

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and laws. This knowledge and aspiration will help them build strong families and manage these small societies effectively. Living a stable family life means leading a prosperous life.

However, if a family lacks proper structure and attention to upbringing, no matter how great a nation may be, it will not survive for long. Many wise thinkers have emphasized this:

"It is not vast armies or the world's most powerful ships that elevate the honor of nations, but something we often overlook or completely ignore—the family. If the family lacks order, its negative consequences will affect the entire nation. As a result, virtue will be replaced by corruption, and progress will give way to decline. If a nation faces such a situation, it will reach the final pages of its history."

This is why, throughout all eras and among all peoples and nations, the world's greatest scholars, thinkers, and renowned writers have devoted their most valuable time to studying the formation and stability of the family, striving to ensure that every individual experiences the rare joy of a harmonious family life. Although the family has existed since primitive times as the initial economic unit of social life, its purpose and responsibilities have evolved and improved over time. The role of family upbringing is rooted in Islamic values—love for one's homeland, devotion to parents, loyalty to one's spouse, and responsibility for one's children, all of which are nurtured through strong faith. This is an undeniable truth.

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