



 Research Article

PEDAGOGICAL ANALYSIS OF TRAINING IN PHYSICAL EDUCATION AND SPORTS MANAGEMENT

Submission Date: April 26, 2022, **Accepted Date:** May 05, 2022,

Published Date: May 15, 2022

Crossref doi: <https://doi.org/10.37547/pedagogics-crjp-03-05-01>

Journal Website:
<https://masterjournals.com/index.php/crjp>

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Anvarbek B. Jumaniyazov

Independent Researcher. Uzbek State University of Physical Culture and Sports. Uzbekistan

ABSTRACT

Over the past three years, a number of positive steps have been taken in our country to modernize higher education, develop the social sphere and the economy based on advanced educational technologies and innovative scientific developments. In the Address of the President to the Oliy Majlis of January 24, 2020, a wide range of tasks were set for various ministries and departments. "... As we aim to turn Uzbekistan into a developed country, we can achieve this only through rapid reforms, education and innovation. To do this, first of all, we need to nurture a new generation of knowledgeable and qualified personnel who will emerge as enterprising reformers, think strategically.

KEYWORDS

Modern knowledge, enlightenment, high culture, Physical Culture, sports management.

INTRODUCTION

That is why we have started to reform all aspects of education, from kindergarten to university. In order to raise the level of knowledge and skills of not only young people, but also members of our society, first of all, we need knowledge and high spirituality. Where

there is no knowledge, there will be backwardness, ignorance and, of course, misguidance. As the sages of the East say, "The greatest wealth is intelligence and knowledge, the greatest heritage is good upbringing, and the greatest poverty is ignorance!" Therefore, for



all of us, the acquisition of modern knowledge, true enlightenment and high culture must become a constant necessity of life [4]. The approval of the "Concept of development of the higher education system of the Republic of Uzbekistan until 2030" by the Decree of the President of the Republic of Uzbekistan dated October 8, 2019 "On approval of the Concept of development of the higher education system of the Republic of Uzbekistan until 2030" took this work to a whole new level. This concept clearly defines the strategic goals and priorities for the accelerated development of the higher education system. In particular, it is planned to raise the content of higher education to a qualitatively new level, to establish a system of training highly qualified personnel who will make a worthy contribution to the sustainable development of the social sphere and the economy. Based on the tasks set out in the concept, the Uzbek State University of Physical Culture and Sports has developed specific long-term and short-term plans for scientific innovation.

THE MAIN FINDINGS AND RESULTS

A sociological survey was conducted to study the attitude of students of the Uzbek State University of Physical Culture and Sports in the field of "Physical Education and Sports Management" to a sports

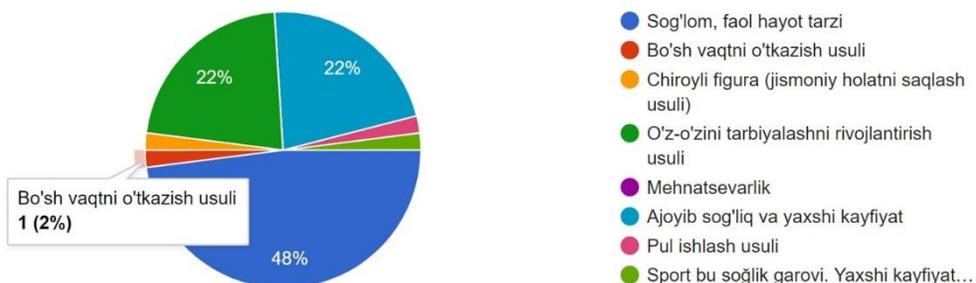
lifestyle. Instructions for completing the questionnaire provided a variety of answer options, allowing students to choose the answer options that best suited them. The survey was attended by students majoring in 5230200-Management (Physical Education and Sports Management), Management (Organization and Management of Sports Events) and 5230400-Marketing (Sports Marketing). Of these, 74% are students of physical education and sports management, 26% are students of sports events. 10% of 1st year students, 16% of 2nd year students, 23% of 3rd year students participated in the survey. All students who participated in the survey will receive full-time education. 12% of those surveyed are female students.

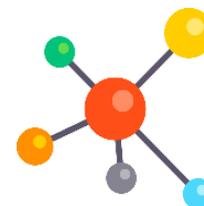
Given the importance of studying students' attitudes toward sports lifestyles, we asked the following question in a sociological questionnaire: "What is sport for you?".

The following answer options were included in the survey: "Healthy, active lifestyle", "Leisure time", "Beautiful figure (method of maintaining physical condition)", "Excellent health and good mood", "How to develop self-discipline", "Hard work", "How to make money", "Sports is a guarantee of health. Good mood" and as a result we received the following answers:

1. Siz uchun sport nima? (bir nechta variantni belgilash mumkin).

50 ОТВЕТОВ



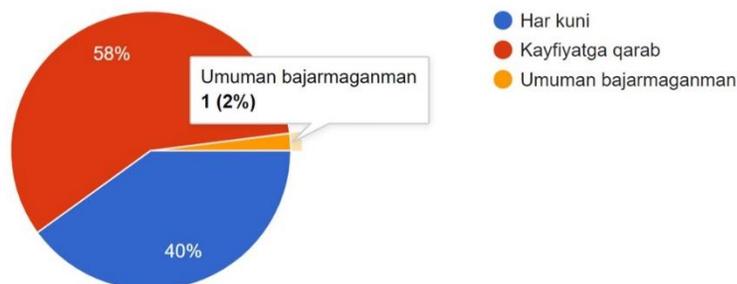


A total of 48% of respondents answered “Healthy, active lifestyle”, 2% answered “Leisure time”, 22%

answered “Beautiful figure”, 22% answered “Excellent health and good mood”.

2. Siz ertalab badantarbiya mashqlarni bajarasizmi?

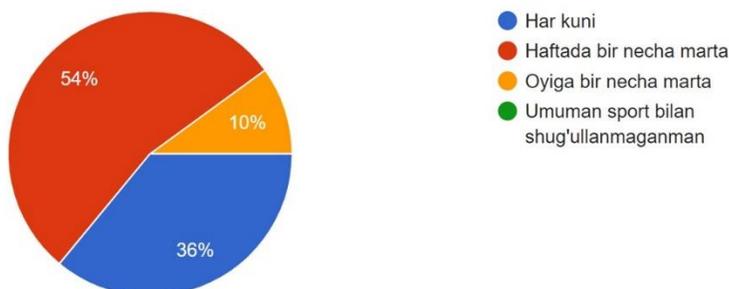
50 ОТВЕТОВ



Questionnaire "Do you do physical exercises in the morning?" 40% of students answered “Every day”, 58% “Depending on the mood”, 2% “I did not do it at all”.

3. Siz sport bilan qanchalik tez-tez shug'ullanasiz?

50 ОТВЕТОВ

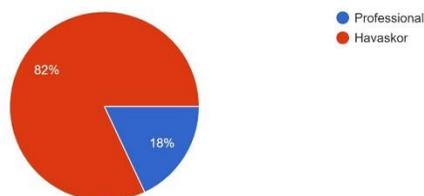


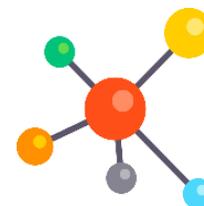
"How often do you play sports?" 36% of students answered “Every day”, 54% “Several times a week”,

10% “Several times a month”. There is also the answer "I did not play sports at all."

4. Siz professionalmisiz yoki havaskormisiz?

50 ОТВЕТОВ



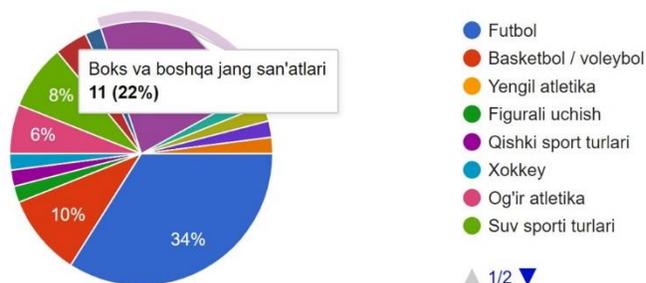


Ask students, "Are you a professional or an amateur?"
In response to our question, the respondents

answered as follows: 18% of them answered
"Professional" and 82% answered "Amateur".

5. Siz qaysi sport turlarini yaxshi ko'rasiz? (bir nechta javoblar mumkin)

50 ответов

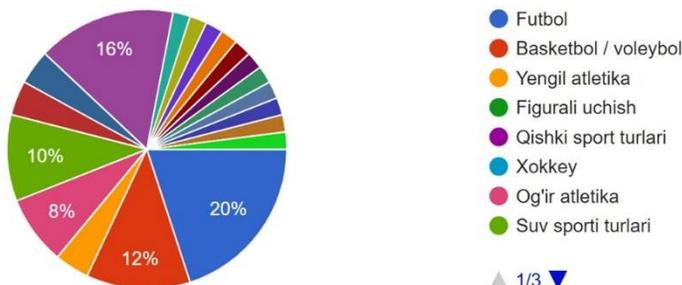


The survey "Which sports do you like?" Answer options: "Football", "Basketball, volleyball", "Athletics", "Figure skating", "Winter sports", "Hockey", "Weightlifting", "Water sports", "Boxing

and others martial arts ") 34% of respondents answered "Football", 10% "Basketball, volleyball", 6% "Weightlifting", 8% "Water sports", 22% "Boxing and other martial arts".

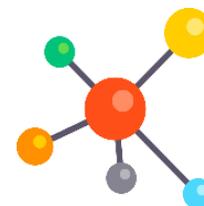
6. Siz sportning qaysi turi bilan shug'ullangansiz (shug'ulanasiz)?

50 ответов



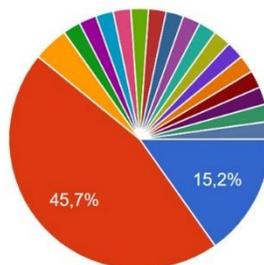
Questionnaire "What sport did you do (do)?" 20% of students answered "Football", 12% "Basketball, volleyball", 8% "Weightlifting", 10% "Water sports", 16% "Winter sports".

The survey also included the following answer options: "Athletics", "Figure Skating", "Hockey".



7. Siz sportning ushbu turi bilan necha yildan beri shug'ullanasiz?

46 ответов



- 1 yil bo'ldi
- 3 yildan buyon
- 7
- 10
- Shug'illanmaganman
- 6
- 8 yil oldin
- Yoshligimdan

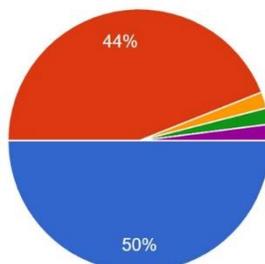
▲ 1/3 ▼

Students asked, "How many years have you been involved in this sport?" 15.2% answered "1 year ago", 45.7% "3 years ago", as well as "7", "10", "I did not

work", "6", "8 years ago", "From my youth" options are also available.

8. Sizning faoliyatingizda sport yutuqlari bormi?

50 ответов

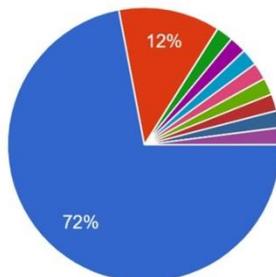


- ha
- yo'q
- Республика биринчилиги голиби кураш буйича
- Нет
- 7

The survey "Are there any sports achievements in your career?" 50% of students answered "Yes" and 44% "No".

9. Siz sport bilan shug'ullanishni xohlaysizmi?

50 ответов



- ha, men sport bilan shug'ullanishga q...
- ha, lekin men faqat bir qarorga kela ol...
- yo'q
- Men sport bilan shug'ullanaman
- Agar kelajakda ishim bu sport turi bila...
- Уже шугулланаман
- Shug'lulanamannnn
- Shugulanamam

▲ 1/2 ▼

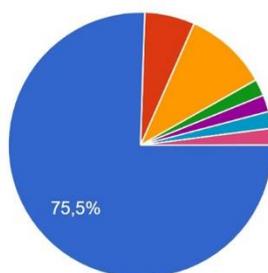


The survey "Do you want to do sports?" 72% of respondents answered yes to the question. While 12 percent said they wanted to exercise but could only

make a decision, the remaining participants reported not participating in the sport at all or in part.

10. Sport bilan shug'ullanishingizga nima xalaqit beradi?

49 ОТВЕТОВ



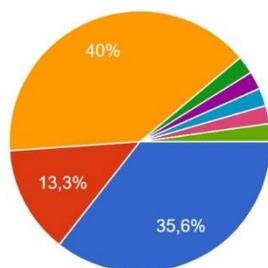
- vaqt yetishmasligi
- dangasalik
- xohishni yetarli emasligi
- Halaqit beradigan narsalar yo'q
- Hech nima
- sport bilan shug'ulanishimga hech nima halaqit bermaydi
- Hech narsa

The survey "What prevents you from doing sports?" 75.5% of students answered "lack of time". There are also "Laziness", "Insufficient desire", "Nothing to

stop", "Nothing", "Nothing prevents me from doing sports", "Nothing".

11. Sportga bo'lgan munosabatingizni nima o'zgartirishi mumkin?

45 ОТВЕТОВ



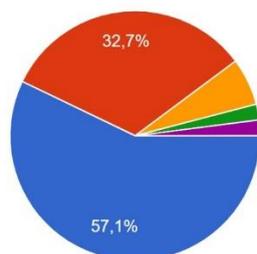
- Sog'lom turmush tarzini reklama qilish
- Do'stlarning namunasi
- Men o'zim boshlamaguncha hech narsa
- Hech narsa o'zgartira olmaydi
- Hech nima
- sport bu hayot man uchun
- Sportsiz hayotmni tasavvir qila olmayman
- Hech narsa

The survey "What could change your attitude to sports?" 35.6% of respondents rated it as "Promoting

a healthy lifestyle", 13.3% as "Sample of friends", 40% as "Nothing until I start it myself".

12. Bir oyda sport bilan shug'ullanishga qancha pul sarflaysiz?

49 ОТВЕТОВ



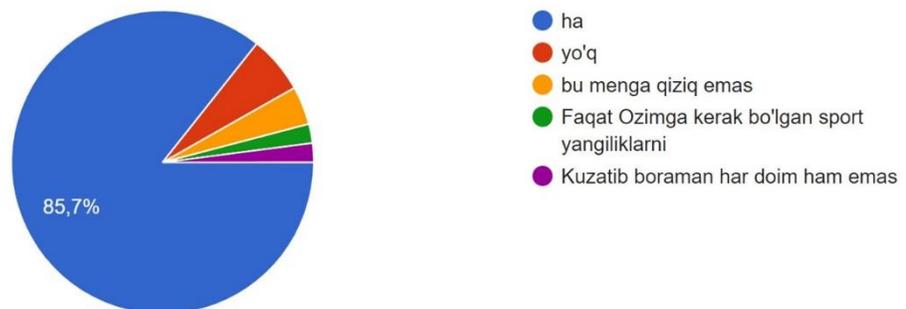
- Men umuman sarf qilmayman
- 500 minggacha
- 500 mingdan - 1milliongacha
- Faqat mashg'ulot boladigan joyga yetib olish uchun avtobus, metro yoki taksiga maksimum 150.000-180.000 oyiga
- Har hil gohi gohida



Questionnaire "How much do you spend on sports in a month?" 57.1% of respondents answered "I don't spend at all" and 32.7% "up to 500 thousand".

13. Siz sport yangiliklarini kuzatib borasizmi?

49 ОТВЕТОВ

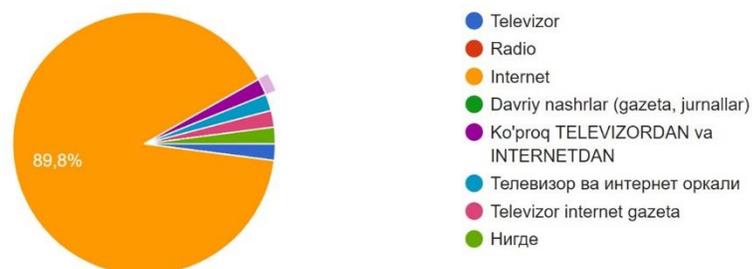


Questionnaire "Do you follow sports news?" to the question, 85.7% of students marked "Yes". The

answers were "No", "I'm not interested", "Only the sports news I need", "I'm not always watching".

14. Sport yangiliklari haqida ma'lumotni qaerdan olasiz?

49 ОТВЕТОВ

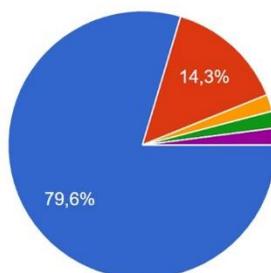


Where do you get information about sports news from the survey? 89.8% of students answered the question "Internet".



15. Davlatimizning yoshlarning sportga qiziqishini oshirish masalasi bilan shug'ullanayotgani sizni qoniqtiradimi?

49 ОТВЕТОВ



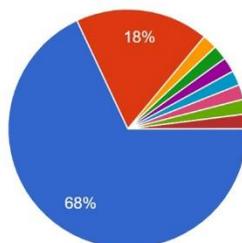
- Ha
- Yo'q
- Yoshlarni yanada sportga qiziqishini oshirish kerak
- Tepadagi boshliqlar bergan buyruqni 100% dan 30%gina to'laqonli amalga oshirilmogda!!! + SPO'TCHILARGA AJRAYILGAN MABLAG'VA FORMALARNI 70% UMMUMAN SP...
- Ёшларга психологлар етишмайди

“Are you satisfied with the fact that our country is working to increase the interest of young people in sports?” 79.6% of respondents answered “Yes” and 14.3% answered “No”. They also chose the answer

options “It is necessary to increase the interest of young people in sports,” “Young people lack psychologists.”

16. Sport bilan shug'ullanmoqchi bo'lganlar sonini ko'paytirish uchun nima qilish kerak deb o'ylaysiz?

50 ОТВЕТОВ



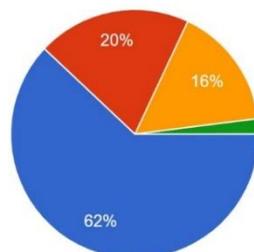
- Sog'lom turmush tarzini targ'ib qilish kerak
- Davlat bu haqda o'ylashi kerak
- Sport maydonchalatini ko'paytirish ke...
- Aholi o'rtasida sport o'yinlarini ko'proq...
- Iloji boricha sport maydonchalar va us...
- Чет эл тажрибасидан фойдаланган...
- Хар хил тугараклар очиш, мусобака...
- Bolalarni sportga jalb qilish kerak om...
- Har hil musobaqalar otkazib sportchil...

The survey “What do you think should be done to increase the number of people who want to do

sports?” to the question, 68% of students said “Healthy lifestyle should be promoted”, 18% “The state should think about it”.

17. Sizning kun tartibingiz bormi?

50 ОТВЕТОВ



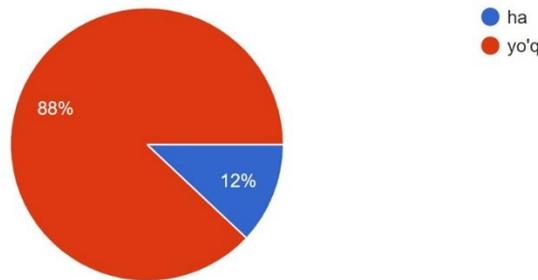
- ha
- yo'q
- ba'zida
- Ha bor ini har kuni kechqurun tuzub qoyaman lekin gohida ozgarib ham ketadi



To the question “Do you have an agenda?”, 62% of respondents answered “Yes”, 20% “No”, 16% “Sometimes”.

18. Siz chekasizmi?

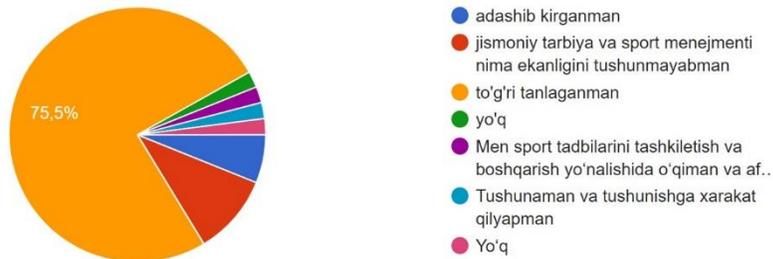
50 ОТВЕТОВ



Students ask, “Do you smoke?” 12% answered “Yes” and 88% answered “No”.

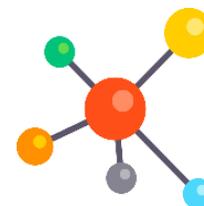
19. Jismoniy tarbiya va sport menejmenti yo'nalishini tanlab xato qilmaganmisiz?

49 ОТВЕТОВ



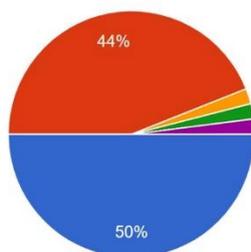
The question “Did you make a mistake in choosing the direction of physical culture and sports management?” Was answered as follows: 75.5 percent of the students answered “I got lost”, “I don't understand what

physical education and sports management is”, “I made the right choice”, “No”, “I study to organize and manage sports events”, “I understand and try to understand”. % Marked “I made the right choice”.



20. Sizningcha jismoniy tarbiya va sport menejmenti yo'nalishi talabalarida sport razryadi bo'lishi kerakmi?

50 ОТВЕТОВ



- ha
- shart emas
- YOQ! AMMO TALABALAR PROFESSIONAL SPO'RTCHILAR HAQIDA TO'LIQ MA'LUMOTGA EGA BO'LISHLARI LOZIM!!!
- Албатта булши кк. Спорт менежери спортчи булсагина бу созада ишлай олади.
- Bolganligi zarar qilmaydi

The questionnaire “Do you think that students of physical education and sports management should have a sports degree?” to the question, 50% of students marked “Yes” and 44% “No”. He also said, “No! But students need to know a lot about professional athletes!”, “Of course it should be. A sports manager can only work in this field if he is an athlete.”

CONCLUSION

In conclusion, the results of this pedagogical analysis should be used to increase the effectiveness of work on improving the mechanism of training in the field of physical education and sports management. A profound renewal of all aspects of public life places completely new demands on the personality of the management specialist - the manager. Society is in need of competitive professionals who can accept

and solve complex professional problems in a constantly changing production environment.

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